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Editorial

E-News Vol. 19 is here.

Having been full of year ending parties in the past months, including those of training institutes, private coaches and supervision practices, the distribution of this last volume of 2007 got a bit delayed. We apologize. We are also experimenting with a new lay out, which we hope to present you in our next issue

This volume

The annual national ASSCCANZ conference was held last october and you can read two reflections on the experience by **Peter Maher** and **Jane Fry**. A most popular expression at the end of the conference day was: "to do a tray", referring to building a constellation of symbols and figures in a sand tray, representing important elements in the supervision question. Playing time with a regressive element.

This issue also announces all the important ASSCCANZ dates in 2008, the arrival of a newly accredited training institute in Wellington, New Zealand and highlights two professional conference in South Africa.

Training news, connections and conferences fill, as usual, the last page.

ASSCCANZ

E - News Vol.19 - November 2007

The Creative Process (1) – Transformative and emancipatory

by Peter Maher *

As one who is new to the idea of being a practitioner in supervision, although not new to the practice of being in supervision, I found the topic of the National Conference most appealing. As one who has sought the value of the creative in many ways for engaging with the various aspirations of human endeavour and reflective practice, I am inspired and encouraged at what this experience and information offers for me as a candidate supervisor with ASSCCANZ.

It is widely understood in the transformative and emancipatory educational theory that underpins various supervisory methods, that symbol, creativity and imagination are crucial in unlocking ideas and perspectives of, and attitudes to, the self, relationships and practical problems we face in every aspect of human life.

(to be continued on p.2)

Encouraging creative practices can help us assist supervisees to better articulate the situation and better formulate practical strategies for the future.

Symbol, storytelling, sand play, drawing and poetry are ways of inviting people into their story creatively. These practices can unlock hidden aspects of the story; invite us to notice things beyond the purely analytical and invite us to enter serious areas of our lifeworld lightly and with more fun and openness to the unexpected. Our stories can be rewritten in ways that include hope, life and more options.

More than just learning new techniques, this conference inspired me with confidence to apply the ones I already know in the art of sharing peoples' life hopes and possibilities in supervision.

** Peter Maher is supervisor (ASCCANZ reg.) in Newtown, NSW*

The Creative Process (2) – An art process for reflective practice

by Jane Fry *

What was it like for you to do this?

The 'this' was an exercise involving crayons and coloured paper which brought back memories of how various artistic creations had been received during childhood. Disparagingly, on the whole. However, maybe it's time to grow out of those inhibitions and explore

the possibilities offered by an art 'process' for reflective practice and for supervision.

Share as much as you want about what you have done here.

How liberating not to have to endure the judgment and the humiliation that historically accompanied artistic attempts! It doesn't matter that I can't represent this or that realistically or beautifully. It doesn't even matter if no-one else can recognize or appreciate what I have created. What does matter is that I have the opportunity to 'play', in different media, with whatever situation or experience is perplexing me at the moment. What is 'wonder-full' is the insight arising from a compassionate conversation about the resulting artwork.

What did I learn/discover/remember about what is important?

Wisdom longs for expression – to be embodied, to play, to create – and sometimes words just aren't the right medium. My own preferences for verbal communication need not inhibit the reflective processes that I offer supervisees who sometimes have obviously different processes. There is something deceptively simple, yet profoundly transformative about this experience that I intend to explore further.

** Jane Fry is a supervisor (ASCCANZ reg.) in Artarmon, NSW*

Recommended reading

Lahad, M. (2000) *Creative supervision, the use of expressive arts methods in supervision and self-supervision*. London: Jessica Kingsley.

This book was reviewed in ASCCANZ E-News Vol. 15 Nov 2006 (www.asccanz.org/publications/)

3 Important dates 2008

ASCCANZ board meetings 2008

3 March at 6.30 (PM) Waverley NSW
31 March at 5.30
1 May at 6.30
21 July at 5.30
1 September at 6.30
1 December at 6.00 Newport NSW

Annual Conference

7 November 2008 in Waverley NSW
10AM - 4.30 PM

AGM

7 November 2008 in Waverley NSW
9 - 10 AM

Forum meetings Sydney are planned on

31 March at 6.30 PM
21 July at 6.30 PM

Forum meetings in other places are dependent on members initiatives.

New Training Institute accredited:

ASCCANZ' Committee of Training Standards (CTS) has approved the training credentials of [LifeBalanceCoaching a training institute in Wellington, New Zealand](#). The ASCCANZ board has subsequently accepted their application for institutional training membership.

Welcome aboard

A window on supervision

"Supervision interrupts practice. It wakes us up to what we are doing. When we are alive to what we are doing, we wake up to what is, instead of falling asleep in the comfort stories of our clinical routines and daily practice. The supervisory voice acts as an irritator, interrupting repetitive stories (comfort stories) and facilitating the creation of new stories".

Sheila Ryan

Sheila Ryan's (2004) *Vital Practice - Stories from the healing arts: the homeopathic and supervisory way*. Portland: Seachange. This book was reviewed in E-News Vol. 12 Feb 2006 (www.asccanz.org/publications/)

Membership renewal

ASCCANZ' members will receive a new style membership renewal form by email in early January

The form contains a declaration of own supervision and professional development hours, proof of indemnity insurance and a statement of ethics. To be returned with membership-fee payment by end of February

Conferences in South Africa

4 by Servaas van Beekum

South Africa has captured the interest and attention of many in the world. Its Apartheid history, its adoption of the most progressive constitution in the world, its pride and struggle with becoming and being a democracy, its security-record, are just a few aspects of this. South Africa is doing well in setting itself on the map, not only by winning the world cup rugby this year, but even more by being the host of the 2010 world cup football. Besides sports, South Africa is host of many international and professional gatherings and conferences, of which we recommend these two in particular:

1. The Bayswater Working Conference

from 20 -25 April 2008

at The Breakwater Lodge, Waterfront, Cape Town

Contact: Sizakele Mbhele, sompisis@absamail.co.za

This is a co called Group Relations conference based on the Tavistock model. A "working conference" is a temporary institution which provides opportunities to explore the complex organisational issues and role relationships which exist between people from different and similar functions.

Legal, political and ethical changes, an emerging Africa, globalisation, new technologies and markets, are all contributing to the need for responsible politicians and senior managers to constantly review their responsibilities in this changing environment. They need to understand individual, group and organisational dynamics to make thoughtful decisions informed by understanding their institutions and the influences of the wider world.

Managing organisational complexity cannot all be learned from books. First-hand experience, within a learning setting, helps managers to further develop their way forward with the confidence that comes from

personal experience. This conference offers an opportunity to explore the forces which influence working relations and practices in business and government, both consciously and unconsciously.

Those who wish to have a comparable learning experience close home, might prefer to focus on the Group Relations Australia conference on "Generational Dynamics in Organizations from 13-17 October 2008 in Lorne, VIC, Australia (www.grouprelations.org.au).

2. Cradled by Culture, Journey of Humankind Transactional Analysis World Conference

from 7-10 August 2008

at Indaba Hotel Four Ways Gauteng, Johannesburg

Contact: Diana Salter, dsalters@iafrica.com

This is a more classical conference with speakers, workshops, lectures and papers, plus something intriguing as "social dreaming". A conference centred around the modality of Transactional Analysis, a highly valued theory of human personality and interaction and very effective methodology for interventions on personal, interpersonal and organizational levels.

This explains why Transactional Analysis is remaining to be embraced by many supervisors, coaches and consultants as part of their repertoire.

The title Cradled by culture - the journey of humankind was chosen to underscore the role of Africa as the 'cradle of humankind' and to convey the significance of culture in shaping all of us in diversity and needs to ensure the cradling of our children in healthy families, carried by healthy organizations and societies.

Those who wish to attend a Transactional Analysis conference closer to home can attend the 18th bi-annual WPATA conference from 30 Oct-2 Nov. 2008 in Rotarua, New Zealand (www.wpata.com.au)

5 **Are you looking for an
ASCCANZ accredited
supervisor, coach or
consultant**

???

Go website!!

www.asccanz.org

ASCCANZ **web-member-search** is a service for both clients and members.

For clients it is an easy access to find an ASCCANZ accredited coach, supervisor or consultant. Example: Look for a coach in NSW and all accredited coaches in NSW will be listed with their name, suburb, email and phone. You can then contact them directly.

For members it is a marketing opportunity: once listed, max. 40 words about oneself can be added. This is part of the membership fee. Further information or a picture attached, will be an extra charge of \$33,- (incl. GST) per annum. Members can also link their own websites.

Working Conference

Group Relations Australia

An international Group Relations Conference to explore **intergenerational dynamics in organisations.**

13-17 October 2008
Lorne, VIC

Contact::

Brigid Nossal
secretary@grouprelations.org.au

Workshops

Portfolio of Learning

by
Transforming Practices,
29 Oxford Street, Epping.

Contact:

Dr. Alex Nelson
02/96741216 0430/369945
alex.nelson@optusnet.com.au

Coaching Training New Zealand

Contact

Siobhan Brown
siobhan@lifebalancecoaching.biz

Training news

Van Beekum Consult

"The Relational Consultant"
Relational Transactional
Analysis and Group
Relations (TAGR08)

15 Days (5x 3) in 2008

Experiential learning about these modalities for professionals with roles in organisational settings : coaches, managers, consultants, supervisors and HR people.

Starts February 2008

Contact:

Van Beekum Consult
servaasvanbeekum@bigpond.com

IAGP Congres

International Congress of
Group Psychotherapy and
Group Process

24-29 August 2008
Rome, Italy

Contact:

iagpcongress@uol.com.br

Conference

WPATA

Bi-annual Pacific Conference
Transactional Analysis

31 Oct - 2 Nov. 2008
Rotoroa, New Zealand

Contact:

Mandy Lacy
starpotential@xtra.co.nz

The logo for ASCCANZ, featuring the word "ASCCANZ" in a stylized, blocky font with a metallic or 3D effect.

Colofon
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